

2. RELEVANCE TO PUBLIC HEALTH

2.1 BACKGROUND AND ENVIRONMENTAL EXPOSURES TO HYDROGEN SULFIDE IN THE UNITED STATES

Hydrogen sulfide (H₂S) is a poisonous, colorless gas with a characteristic odor of rotten eggs. It naturally occurs in the gases from volcanoes, sulfur springs, undersea vents, swamps and stagnant bodies of water and in crude petroleum and natural gas. Additionally, bacteria, fungi, and actinomycetes release hydrogen sulfide during the decomposition of sulfur-containing proteins and by the direct reduction of sulfate (SO₄²⁻). Hydrogen sulfide is frequently encountered in various industries and may be released to the environment as a result of their operations. Some of these industries include natural gas production, municipal sewage pumping and treatment plants, landfilling, swine containment and manure handling, pulp and paper production, construction in wetlands, asphalt roofing, felt processing, petroleum refining, petrochemical synthesis, coke production plants, viscose rayon manufacture, sulfur production, iron smelting, and food processing.

Ambient air concentrations of hydrogen sulfide from natural sources range between 0.11 and 0.33 ppb. Concentrations of hydrogen sulfide in urban areas are generally <1 ppb. Much higher levels (often exceeding 90 ppb) have been detected in communities living near natural sources of hydrogen sulfide or near industries releasing hydrogen sulfide.

Humans may be exposed to hydrogen sulfide both from its endogenous production or from exogenous sources. Most endogenous production apparently results from the metabolism of sulfhydryl-containing amino acids (e.g., cysteine) by bacteria present in both the intestinal tract and the mouth; however, it is also produced in the brain and several smooth muscles (e.g., thoracic aorta) by enzymes found in these tissues. Hydrogen sulfide produced in the mouth is a component of bad breath (halitosis); concentrations between 1 and 100 ppb have been measured in mouth air. It is generated in the large intestine by the bacterial reduction of inorganic sulfate and sulfite, and by fermentation of sulfur-containing amino acids. It can compose up to 10% of intestinal gases. In flatus, hydrogen sulfide concentrations as high as 18 ppm were recorded by Kirk in individuals on a normal diet. In these experiments, between 40 and 90% of normal individuals produced hydrogen sulfide; mean values over a 4-year period were between 1 and 4 ppm. Sulfide concentrations in whole blood samples from six healthy adults were found to range from 10 to 100 μmol/L.

2. RELEVANCE TO PUBLIC HEALTH

There is considerable individual variability in the odor threshold for hydrogen sulfide in humans; the thresholds can range from 0.0005 to 0.3 ppm. However, at concentrations of 100 ppm and higher, individuals may not detect hydrogen sulfide odor due to damage.

2.2 SUMMARY OF HEALTH EFFECTS

The general population is primarily exposed to hydrogen sulfide via the inhalation route. Although oral and dermal absorption can also occur, these routes only contribute small amounts to the overall body burden. Information on the toxicity of hydrogen sulfide in humans comes from case reports, occupational studies, and community studies. Hydrogen sulfide tends to be a problem in communities located near certain types of industrial sites, including pulp and paper mills, gas refineries, or geothermal power plants; interpretation of the community studies is limited by exposure to other chemicals. The human data suggest that the respiratory tract and nervous system are the most sensitive targets of hydrogen sulfide toxicity. The most commonly reported nonlethal effect found in individuals acutely exposed to high concentrations of hydrogen sulfide is unconsciousness followed by apparent recovery, colloquially referred to as knockdown. In most cases, actual exposure concentrations and durations are not known; estimates suggest that the concentrations exceed 500 ppm and the durations are short, typically less than 1 hour. Although there is an apparent recovery, many individuals report permanent or persistent neurological effects including headaches, poor concentration ability and attention span, impaired short-term memory, and impaired motor function. Respiratory distress or arrest and pulmonary edema are also associated with exposure to very high concentrations of hydrogen sulfide; it is believed that these respiratory effects are secondary to central nervous system depression or due to tissue hypoxia. Cardiovascular effects (e.g., cardiac arrhythmia and tachycardia) have also been observed following an acute exposure to high concentrations of hydrogen sulfide.

Exposure to lower concentrations of hydrogen sulfide can result in less severe neurological and respiratory effects. Reported neurological effects include incoordination, poor memory, hallucinations, personality changes, and anosmia (loss of sense of smell); the respiratory effects include nasal symptoms, sore throat, cough, and dyspnea. Impaired lung function has also been observed in asthmatics acutely exposed to 2 ppm hydrogen sulfide; no alterations in lung function were observed in studies of non-asthmatic workers.

2. RELEVANCE TO PUBLIC HEALTH

Animal studies confirm these human data, which suggest that the respiratory tract and the nervous system are the most sensitive targets of hydrogen sulfide toxicity. As with humans, unconsciousness was observed in rats exposed to very high concentrations of hydrogen sulfide (800 ppm); central nervous system depression, as evidenced by lethargy and pulmonary edema, was observed in rats exposed to 400 ppm hydrogen sulfide for 4 hours. Decreased performance in neurological tests has been observed in rats exposed to 80–200 ppm hydrogen sulfide for 5 days to 11 weeks. Damage to the nasal olfactory epithelium is also observed in rats exposed to lower levels of hydrogen sulfide for an acute or intermediate duration; the adverse effect levels are 80 ppm (3 hours/day for 5 days) and 30 ppm (6 hours/day, 7 days/week for 10 weeks) following acute- or intermediate-duration exposure, respectively.

Information on the toxicity of hydrogen sulfide following oral or dermal/ocular exposure is limited. Oral exposure data are limited to a single pig study examining the effects of hydrogen sulfide in feed. Observed effects included a diarrheic digestive disorder and decreased body weight gain. Exposure to hydrogen sulfide gas can result in a number of ocular effects, including keratoconjunctivitis, punctate corneal erosion, blepharospasm, lacrimation, and photophobia in humans. A community exposure study found a concentration-related increase in the prevalence of eye symptoms in residents exposed to low (daily mean of total reduced sulfur $<10 \mu\text{g}/\text{m}^3$), medium ($10\text{--}30 \mu\text{g}/\text{m}^3$), or high ($>30 \mu\text{g}/\text{m}^3$) levels. Although hydrogen sulfide was the primary constituent of the total reduced sulfur levels, other sulfur compounds, as well as other air pollutants, may have contributed to the eye irritation.

There are limited human data suggesting that maternal or paternal exposure to hydrogen sulfide can increase the risk of spontaneous abortion among rayon textile, paper produces, or petrochemical workers (or their spouses). However, the subjects (or their spouses) were exposed to a number of other hazardous chemicals, which may have contributed to the increased risk. No significant alterations in reproductive performance were observed in rats exposed to 10–80 ppm hydrogen sulfide for an intermediate duration. The available animal data suggest that hydrogen sulfide is not a developmental toxicant at concentrations of 80 ppm and lower. No structural anomalies, developmental delays, performance in developmental neurobehavioral tests, or brain histology were observed in a well-conducted rat study. Another study found alterations in Purkinje cell growth in the offspring of rats exposed to 20 or 50 ppm hydrogen sulfide during the gestation and lactation periods. The toxicological significance of this finding in the absence of alterations in neurobehavioral performance is not known.

There are limited data on the potential of hydrogen sulfide to induce cancer in humans. One study found significant increases in the risk of developing cancers of the trachea, bronchus, and lung among residents

2. RELEVANCE TO PUBLIC HEALTH

exposed to high levels of naturally occurring hydrogen sulfide. However, the authors noted that the elevated disease rates were consistent with exposure to high concentrations of hydrogen sulfide and mercury; the contribution of mercury to the overall respiratory tract cancer rates cannot be determined from these data. Another study did not find significant alterations in cancer incidences among residents living near natural gas refineries. The carcinogenicity of hydrogen sulfide has not been assessed in animal studies.

A greater detailed discussion of the hydrogen sulfide-induced respiratory effects and neurological effects follows. The reader is referred to Section 3.2, Discussion of Health Effects by Route of Exposure, for additional information of these effects and other health effects.

Respiratory Effects. Exposure to very high concentrations of hydrogen sulfide can result in respiratory arrest and/or pulmonary edema. Numerous case reports suggest that these effects can occur after a brief exposure to hydrogen sulfide. Although the exact mechanism is not known, there is strong evidence to suggest that the rapid respiratory failure and possibly the pulmonary edema are secondary to the action of hydrogen sulfide on the respiratory center of the brain. There is also some evidence that the respiratory failure and pulmonary edema may be due to a dose-dependent inhibition of cytochrome oxidase in lung mitochondria, the terminal step in oxidative metabolism, resulting in tissue hypoxia. At low concentrations, hydrogen sulfide is a respiratory irritant. Residents living near industries emitting hydrogen sulfide, such as paper mills, animal slaughter facilities, or tanneries, reported nasal symptoms, cough, or increased visits to the hospital emergency room due to respiratory symptoms (including asthma). In general, exposure to hydrogen sulfide has not resulted in significant alterations in lung function. No alterations in lung function were observed in workers chronically exposed to 1–11 ppm hydrogen sulfide. However, there is some evidence to suggest that asthmatics may be a sensitive subpopulation. No statistical alterations in lung function were observed in a group of 10 asthmatics exposed to 2 ppm hydrogen sulfide for 30 minutes. However, increased airway resistance and decreased specific airway conductance, implying bronchial obstruction, were observed in 2 out of the 10 subjects.

Although the human data are useful in establishing the respiratory tract as a target of toxicity, concentration-response relationships cannot be established for most of these studies because exposure levels were not monitored or the subjects were exposed to several sulfur compounds. Animal data provide strong evidence that the respiratory tract is a sensitive target of hydrogen sulfide toxicity and can be used to establish concentration-response relationships. Damage to the nasal olfactory epithelium has been observed in rats exposed to hydrogen sulfide for acute or intermediate durations. Loss of olfactory

2. RELEVANCE TO PUBLIC HEALTH

neurons and basal cell hyperplasia were observed in rats exposed to 30 ppm and higher for 6 hours/day, 7 days/week for 10 or 13 weeks. The severity of the olfactory neuron loss was concentration-related; however, an inverse relationship between severity and concentration was observed for the basal cell hyperplasia suggesting that as the concentration increased, the ability of the olfactory epithelium to regenerate decreased. Similar effects were observed in rats exposed to hydrogen sulfide once or repeatedly for 5 days; however, higher concentrations were needed to elicit a significant response. Intermediate-duration exposure (6 hours/day, 5 days/week for 13 weeks) resulted in inflammation of the squamous portion of the nasal mucosa in mice exposed to 80 ppm and loss of olfactory neurons in mice exposed to 30 ppm and higher.

Neurological Effects. A brief exposure to very high concentrations of hydrogen sulfide can result in unconsciousness in humans and animals followed by an apparent full recovery upon exposure termination (some human case reports note that the subjects recovered after administration of oxygen). Human data are not reliable for establishing the threshold for this effect. In rats, the threshold for severe central nervous system depression is between 400 and 800 ppm; exposure to 400 ppm was associated with lethargy. As noted previously, persistent neurological effects have been reported in humans recovering from hydrogen-sulfide induced unconsciousness. These effects include headaches, poor concentration ability and attention span, impaired short-term memory, and impaired motor function.

Exposure to hydrogen sulfide can also result in neurobehavioral effects in humans and animals. Alterations in balance, reaction time, visual field, and verbal recall were observed in individuals exposed to high concentrations of hydrogen sulfide for an acute duration and in individuals exposed to lower levels of hydrogen sulfide for a chronic duration; no monitoring data were provided. The severity of effects appeared to be related to the duration of exposure as well as the exposure concentration. Several animal studies provide suggestive evidence that hydrogen sulfide exposure results in a decrease in motor activity and task response rate; the lowest adverse effect level for altered neurobehavioral performance is the decreased spontaneous motor activity observed in rats receiving nose-only exposure to 80 ppm, 3 hours/day for 5 days. A rat study found that intermediate-duration exposure to hydrogen sulfide did not adversely affect memory; however, learning a new complex task was adversely affected at 125 ppm (4 hours/day, 5 days/week).

2. RELEVANCE TO PUBLIC HEALTH

2.3 MINIMAL RISK LEVELS (MRLs)*Inhalation MRL*

- An MRL of 0.2 ppm has been derived for acute-duration inhalation exposure to hydrogen sulfide.

A small number of controlled exposure studies have examined the acute toxicity of hydrogen sulfide in humans; most of these have focused on potential respiratory and metabolic effects. No significant alterations in lung function (forced lung vital capacity, forced expiratory volume, bronchial responsiveness to a histamine challenge, airway resistance, and specific airway conductance) were observed in asthmatics exposed to 2 ppm for 30 minutes (Jappinen et al. 1990). However, 2 of the 10 subjects had >30% changes in airway resistance and specific airway conductance, implying bronchial obstruction. Three of the subjects also reported headaches. A series of studies conducted by Bhambhani and associates examined the potential of hydrogen sulfide to induce respiratory and metabolic effects in exercising adults. No significant alterations in lung function were observed in individuals exposed to 10 ppm for 15 minutes (Bhambhani et al. 1996a), but increases in blood lactate levels were observed in subjects exposed to 5 or 10 ppm (Bhambhani and Singh 1991; Bhambhani et al. 1997). The study authors noted that the increase in lactate levels suggested an increased dependence on anaerobic metabolism, which may have resulted from reduced oxygen availability due to detoxification of hydrogen sulfide by oxyhemoglobin or inhibition of cytochrome oxidase in exercising tissue (Bhambhani 1999).

Animal studies have reported a variety of respiratory effects following acute-duration exposure to hydrogen sulfide. Damage to the nasal olfactory epithelium was observed in rats exposed to 400 ppm for 4 hours (Lopez et al. 1988b), 200 ppm for 3 hours (Brenneman et al. 2002), or 80 ppm 3 hours/day for 5 days (Brenneman et al. 2002). Pulmonary edema has been observed in rats exposed to 83 or 375 ppm for 4 hours (Lopez et al. 1988a; Prior et al. 1990). Neurological effects include decreased spontaneous motor activity in rats exposed to 80 ppm, 3 hours/day for 5 days (Struve et al. 2001), impaired performance on a discriminated avoidance task in rats exposed to 200 ppm for 2 hours (Higuchi and Fukamachi 1977), lethargy in rats exposed to 400 ppm for 4 hours (Lopez et al. 1988b), and unconsciousness in rats exposed to 800 ppm for 20 minutes (Beck et al. 1979).

The Jappinen et al. (1990) study, which found suggestive evidence of bronchial obstruction among asthmatics exposed to 2 ppm hydrogen sulfide for 30 minutes, was selected as the basis of the MRL. This minimally adverse effect level is supported by the lowest-observed-adverse-effect level (LOAEL) of

2. RELEVANCE TO PUBLIC HEALTH

5 ppm for increased blood lactate levels observed in exercising subjects (Bhambhani et al. 1996b). The Jappinen et al. (1990) study was selected over the Bhambhani et al. (1996b) study because the Bhambhani studies involved mouth-only exposure so that the subjects could not smell the hydrogen sulfide. The MRL was calculated by dividing the unadjusted LOAEL by an uncertainty factor of 9 (3 for use of a minimal LOAEL and 3 for human variability). Further details on the derivation of this MRL can be found in the MRL worksheets in Appendix A of this profile.

- An MRL of 0.02 ppm has been derived for intermediate-duration inhalation exposure to hydrogen sulfide.

There are limited data on the toxicity of hydrogen sulfide in humans following intermediate-duration exposure. Acute- and chronic-duration studies suggest that the respiratory tract and nervous system are sensitive targets of hydrogen sulfide.

Intermediate-duration animal studies support the identification of the respiratory tract and nervous system as sensitive targets. Exposure of rats and mice to low hydrogen sulfide concentrations have resulted in histological damage to the upper respiratory tract. Brenneman et al. (2000) reported significant concentration-related increases in the incidence and severity of lesions to the nasal olfactory epithelium in rats exposed to hydrogen sulfide for 10 weeks. The effects consisted of olfactory neuron loss and basal cell hyperplasia in rats exposed to 30 or 80 ppm, 6 hours/day, 7 days/week for 10 weeks; no adverse effects were observed at 10 ppm. In contrast, earlier studies conducted by CIIT (1983b, 1983c) did not find significant alterations in the nasal turbinates of Sprague-Dawley or Fischer-344 (F-344) rats exposed to 80 ppm or less hydrogen sulfide, 6 hours/day, 5 days/week for 13 weeks. Inflammation of the squamous portion of the nasal mucosa was observed in mice exposed to 80 ppm hydrogen sulfide, 6 hours/day, 5 days/week for 13 weeks (CIIT 1983a); the no-observed-adverse-effect level (NOAEL) for this effect is 30 ppm. However, a re-examination of the histological specimens from this study (Dorman et al. 2004) revealed a statistically significant increase in the incidence of olfactory neuron loss in Sprague-Dawley rats, F-344 rats, and B6C3F₁ mice exposed to 30 or 80 ppm; no lesions were observed at 10 ppm. In addition, increases in the incidence of bronchiolar epithelial hyperplasia and hypertrophy were observed in female Sprague-Dawley rats exposed to 30 or 80 ppm and male Sprague-Dawley and F-344 rats exposed to 80 ppm. The sensitivity of the olfactory epithelium has also been confirmed by acute-duration studies; degeneration of the olfactory epithelium was observed in rats exposed to 400 ppm hydrogen sulfide for 4 hours (Lopez et al. 1988b), rats exposed to 200 ppm for 3 hours (Brenneman et al. 2002), and rats exposed to 80 ppm, 3 hours/day for 5 days (Brenneman et al. 2002). Additionally, data collected using a computational fluid dynamics model of the rat nasal epithelium (Moulin et al. 2002)

2. RELEVANCE TO PUBLIC HEALTH

suggest that the olfactory epithelium is more sensitive than the nasal respiratory epithelium despite the higher hydrogen sulfide flux (a surrogate for dose) to the regions lined with respiratory epithelium compared to regions lined with olfactory epithelium. Within the areas of the nose lined with olfactory epithelium, a high correlation between predicted hydrogen sulfide flux and the incidence of olfactory lesion was found.

The neurotoxicity of hydrogen sulfide in mature animals following intermediate-duration exposure has been assessed in studies examining brain weight, neurological function (posture, gait, tone of facial muscles, and pupillary reflexes), and histopathology; neurobehavioral performance has not been adequately assessed in longer duration studies. A 5% decrease in absolute brain weight was observed in Sprague-Dawley rats exposed to 80 ppm hydrogen sulfide 6 hours/day, 5 days/week for 13 weeks; no alterations were observed at 30 ppm (CIIT 1983c). No alterations in histopathology or neurological function were observed in these rats (CIIT 1983c) or in similarly exposed F-344 rats (CIIT 1983b) or B6C3F₁ mice (CIIT 1983a). Neurodevelopmental toxicity studies have found some alterations that are suggestive of neurotoxicity. The suggestive findings in the offspring of rats exposed for 7 hours/day on gestational day 5 through postnatal day 21 include alterations in the architecture and growth characteristics of Purkinje cell dendritic fields at 20 ppm (Hannah and Roth 1991), decreases in norepinephrine and increases in serotonin in the frontal cortex at 20 ppm (Skrajny et al. 1992), and decreases in brain amino acid levels were observed at 75 ppm (Hannah et al. 1989, 1990). However, no alterations in neurobehavioral performance (assessed via motor activity, passive avoidance, acoustic startle, functional observation battery), delays in development (pinnae detachment, surface righting, incisor eruption, negative geotaxis, and eyelid detachment), or neuropathology were observed in the offspring of rats exposed for 2 weeks prior to mating, during mating, on gestational days 5–19, and on postnatal days 5–18 (Dorman et al. 2000). These data suggest that exposures of 20–80 ppm may result in subclinical alterations in neurochemistry and neuroanatomy.

The Brenneman et al. (2000) study was selected as the basis of the intermediate-duration inhalation MRL. In this study, groups of 12 male Sprague-Dawley rats were exposed to 0, 10, 30, or 80 ppm hydrogen sulfide for 6 hours/day, 7 days/week for 10 weeks. Parameters used to assess toxicity were limited to extensive histopathological examination of the nasal cavity (six transverse sections examined via light microscopy). Nasal lesions were limited to the olfactory mucosa in rats exposed to 30 or 80 ppm and consisted of multifocal, bilaterally symmetrical olfactory neuron loss and basal cell hyperplasia affecting the lining of the dorsal medial meatus and the dorsal and medial regions of the ethmoid recess. The severity of the olfactory lesions was scored as 1 mild, 2 moderate, or 3 severe. For the olfactory neuron

2. RELEVANCE TO PUBLIC HEALTH

loss, the mild, moderate, or severe severity scores corresponded to 26–50, 51–75, and 76–100%, respectively, reduction in the normal thickness of the olfactory neuron layer; for the basal cell hyperplasia, mild, moderate, or severe severity scores corresponded to 1–33, 34–67, or 68–100% of the normal thickness of the olfactory neuron cell layer replaced by basal cells. No olfactory lesions were observed in the controls or rats exposed to 10 ppm. At 30 ppm, olfactory neuron loss was observed at nasal levels 4 (11/12, severity 1.4) and 5 (9/12, severity 1.1) and basal cell hyperplasia was observed at nasal levels 4 (10/12, severity 1.8) and 5 (11/12, severity 1.3). At 80 ppm, olfactory neuron loss was observed at levels 3 (8/8, severity 2.4), 4 (12/12, severity 2.4), 5 (11/12, severity 1.5), and 6 (5/12, severity 1.2-incidence not statistically significant) and basal cell hyperplasia was observed at nasal levels 4 (12/12, severity 1.2), 5 (11/12, severity 1.3), and 6 (6/12, severity 1.0).

The Brenneman et al. (2000) study was selected over the neurodevelopmental studies (Hannah and Roth 1991; Skrajny et al. 1992), which identified a slightly lower LOAEL (20 ppm) because the effect has been confirmed by other studies (Brenneman et al. 2002; Lopez et al. 1988b) and the adversity of these subclinical alterations in neurochemistry and neuroanatomy in the absence of neurological performance alterations is not known. As discussed by Ferguson (1996), prenatal exposure to ionizing radiation can result in misalignment of Purkinje cells in the cerebellum; clinical signs associated with these neuroanatomical alterations include hypoactivity, ataxia, tremors, and learning deficits. Although a direct comparison of the Purkinje cell alterations reported in the Hannah and Roth (1991) study and those resulting from ionizing radiation exposure cannot be made because the Hannah and Roth study involved examination of a single Purkinje cell rather than cerebellar sections, it may be reasonable to predict that the clinical manifestations of the Purkinje cell damage would be similar. The similarity of the LOAELs for nasal effects and neurodevelopmental effects suggest that an MRL derived for one would be protective of the other.

The MRL of 0.02 ppm was calculated by dividing the human equivalent concentration of the NOAEL (NOAEL_{HEC}) by an uncertainty factor of 30 (3 for extrapolation from animals using dosimetric adjustments and 10 for human variability). Further details on the derivation of this MRL can be found in the MRL worksheets in Appendix A of this profile.

A chronic-duration inhalation MRL was not derived since data were insufficient.

2. RELEVANCE TO PUBLIC HEALTH

Oral MRL

Information on the toxicity of hydrogen sulfide following oral exposure is limited to a dietary exposure study in pigs (Wetterau et al. 1964). The observed effects include a 23% decrease in body weight gain at 6.7 mg/kg/day in pigs exposed for 105 days and diarrheic digestive disturbance in pigs exposed to 15 mg/kg/day for a few days. Interpretation of this study is limited because very few details are reported, (e.g., no information on strain, methods used, number of animals studied, or statistics). This study was considered inadequate for MRL derivation.